

**Skills for Living (SL)****12200200**

Recommended Grade Placement: 7-8 Recommended course length: 1 semester

Course Description: This comprehensive foundation course, designed to be one semester in length, provides opportunities to explore family relationships and personal development, personal management, and planning for the future. Emphasis is on the importance of the family, effective communication skills, management skills, how to get along with others including family members and peers, decision-making, acceptance of responsibility, and child care practices that promote positive development. Other content addresses positive self-image, nutrition, wellness, personal appearance, managing multiple roles, and career options.

Facility and Resource Overview: This course utilizes an instructional arrangement that accommodates development of Skills for Living essential knowledge and skills through locally selected teaching strategies. New instructional materials, which address essential knowledge and skills for this course, were adopted in November 2003. A list of state-adopted conforming and nonconforming materials is located on the TEA Web site at <[www.tea.state.tx.us/textbooks](http://www.tea.state.tx.us/textbooks)>. A *Skills for Living Teacher's Instructional Guide* and *Power Teaching Aids CD* for implementing the TEKS for this course are also available from The Curriculum Center for Family and Consumer Sciences. In addition, utilization of a variety of up-to-date resources and technologies, including computers and software, is critical for enriched instructional effectiveness, relevance, and retention.